

## **INFORMATION FOR PATIENTS HAVING LASIK**

- Please wear no eye make-up for three days prior to surgery. Wear no eye or face make-up on day of surgery. LEAVE OUT RIGID CONTACT LENSES FOR 4 WEEKS AND SOFT LENSES FOR 1 WEEK PRIOR TO SURGERY.
- On arrival you will be asked to sign your consent form, if this has not been done previously.
- Anaesthetic drops will be administered before the procedure. You may request a mild sedative to help you relax.
- You will be brought into the Excimer laser suite and will then lie down under the laser microscope.
- An eyelid speculum will be inserted to keep your eye open.
- You will be shown a green fixation light. It is important to look into the center of the green light when the laser treatment is being carried out. The laser has a tracking device to track any small involuntary eye movements.
- A suction ring is placed onto your eye. This raises the eye pressure and your vision will become temporarily blurred.
- A motor will be activated which automatically glides the microkeratome across the eye in three seconds.
- The flap of tissue that has been prepared by the microkeratome is hinged back. This is painless.
- Dr Perrott will then ask you to look at the center of the green fixation light and will activate the laser. The laser produces a clicking sound, a flashing light and a burning smell (this smell is not burning, but the laser gas).
- Dr Perrott will then flip the flap back into position ensuring that it is properly positioned.
- He will then dry the cap for about three minutes so that it becomes fixed back into position by natural forces.

- The speculum will be removed and you will have a teargel drop instilled into the eye.
- Both eyes will normally be treated at the same sitting. Do not drive home.
- Generally, you will have little pain following the procedure. Your eye will feel scratchy and watery and blurry after the laser procedure.
- Your eyes will be covered with a plastic shield until the following morning and you will instill drops four times a day for 2 weeks.
- Do not get water into your eye on the first night.
- Usually you will be able to drive on the first day after laser treatment.
- No eye make-up for 3 days. No eye rubbing for 1 month. Wear protective glasses if playing games like tennis or squash etc. No diving/swimming/saunas/jacuzzis for 2 weeks.
- If your vision suddenly changes or your eyes become red or sore report immediately to Dr Perrott.
- You will be seen for a check up the day after surgery at Dr Perrott's consulting rooms.

**Feel free to ring us if you any queries.**

## **POST LASIK MEDICATIONS**

**Tobradex : 1 drop 4 times per day for TWO WEEKS**

**Cellufresh : to be used 2 – 3 times daily for 1 MONTH as required.**

**Dr Andrew Perrott  
Work  
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